

**CURRICULUM VITAE**



A	Name	Mrs Rashmi Parag Ranade
B	Designation:	Academic Coordinator
C	Mobile:	08888808596
D	E-mail:	ranaderashmi@gmail.com
E	Education:	Bachelor of Home Science Master of Yoga Ph.D (Yoga) pursuing
F	<b>Official Address:</b>	School of Health Science Yashwantrao Chavan Maharashtra Open University, Nashik – 422 222. Maharashtra, India

**Work Experience:**

Position held	Name of the Organization / Institution	Duration			Responsibilities Performed
		From	To	Years	
HR Executive,	Tulsi Eye Hospital	2008	2012	4	Reception,store, counselling,HR & Admin.
Field Auditor	Proactive Management Pvt Ltd	2014	2015	1	Worked as Internal and auditor of standards.
Professor	Adiyog Mahavidyalaya	2017	still	3	Visiting Yoga faculty
Academic Co - Ordinator	School Of Health Sciences, YCMOU	2018	still	2	Syllabus Designing, Making study material, Coordination with study centers regarding all processes run by University

**Workshops/Seminar/Conference**

Sr. No.	Title of Workshop/Seminar/Conference	Month & Year	Place
1	International Yoga Webinar 'Atha Yoganushasanam'	June 21	Nashik
2	State level Orientation Program integral Education	Nov'21	Nashik
3	International Conference 'Yoga & Mental Health'	Jan'22	Lonawala
4	International Seminar on 'Integrative Approach to health & Wellbeing'	Dec' 22	Hyderabad
5	International conference 'Yog sastra Sangamam'	Feb'23	Kanyakumari
6	National Yoga Conference 'Yog Darshan 2023'	March 23	Nashik

**Research Publications:**

Sr. No.	Title of the Research Paper	Name of the Journal / Publisher	Year of Publication
1	A Study Of An Effectiveness of Chair Yoga For The White Collar employees of education Sector	Ilkogretim Online - Elementary Education Online	2021
2	Different Approaches On Karmaj Vyadhi: A Critical Review From Various Texts	Ilkogretim Online - Elementary Education Online,	2021
3	Place of Yoga in New education Policy 2020	EPRA International Journal of Research and Development (IJRD)	2023