

CURRICULUM VITAE



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E	Education:	MBBS (Dr Vasantao Pawar Medical College and Research Centre), MD Yog (SVYASA University Bengaluru) , Diploma : Music, Sanskrit and Yogashastra (Kavikulaguru Kalidas University Ramtek) , Certified Yog Teacher (RYS 200, YIC SVYASA)
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Work Experience:

Position held	Name of the Organization / Institution	Duration			Responsibilities Performed
		From	To	Years	
Senior Yog Consultant	Nirva Health	Jan 24	Nov 24		Consulting patients, research of the patient data from UK and USA
Counsellor and Research Associate	Nashik Blood Bank	Dec 2019	August 24	6	Consulting and Research Work for thalassemia patients
Integrative Medicine Consultant and Faculty	Sri Adiyog International Institute For Learning and Research	2018	Till date	7	Academics and Administration, Teaching Integrative
Integrative Medicine Resident	Arogyadhama Holistic Health Home – SVYASA Bengaluru	Aug 20	March 23	3	Patient consulting and Research Fellow

Resident Doctor – Yoga Therapy	Yoga Therapy Department – Narayana Hridayalay Bengaluru	Aug 22	March 23		OPD and IPD Yoga Therapy Consulting
Integrative Medicine Resident	Integrative Medicine Department & Psychiatry Department – NIMHANS ,	April 23	July 23		Trainee and IMD Patient care, yoga therapy classes etc.

Workshops/Seminar/Conference

Sr. No.	Title of Workshop/Seminar/Conference	Month & Year	Place
1.	MSAI – Medical Student Association India – Conference	Jan 2016	Delhi
2.	Excelsior – Research Conference	2017	Dr VPMC Nashik
3.	INCOFYRA (International Conference on Frontiers in Yoga Research and its Application)	Feb 2022, 2023	SVYASA Bengaluru
4.	Yogadarshan (National Conference – Paper presentations : 2)	2023, Aug 2024	YCMOU Nashik
5.	Yoga and Cancer Care (International Conference)	Dec 4-7 2024	Kaivalydhama , Lonavala

Research Publications:

Sr. No.	Title of the Research Paper	Name of the Journal / Publisher	Year of Publication

List of Research Papers

Sr. No.	Title of the Research Paper	Name of the Journal / Publisher	Year of Publication