



Dr. Pramod Wagh

EXPERIENCE

January 2026- Current

Head of Mental Health Center, Yashwantrao Chavan Maharashtra Open University, Nashik | Nashik

Key Responsibilities:

- Provide strategic leadership and administrative oversight of the Mental Health Center
- Design and implement academic, training, and capacity-building programs in mental health
- Supervise counselling services for students, staff, and community stakeholders
- Lead and promote research, innovation, and evidence-based mental health interventions
- Coordinate community outreach, extension activities, and institutional collaborations
- Ensure compliance with university, UGC, and governmental guidelines
- Represent the University at state, national, and professional mental health forums

March 2024 - Current

Academic Coordinator (Assistant Professor Level) School of Humanities and Social Sciences, Yashwantrao Chavan Maharashtra Open University, Nashik | Nashik

Key Responsibilities:

- Conduct daily online lectures and facilitate virtual teaching-learning activities
- Plan, coordinate, and deliver academic programs under the ODL framework
- Develop, review, and update curriculum, SLMs, and digital learning content
- Support learner guidance, assessment processes, and academic quality assurance
- Coordinate with faculty, study centres, and university authorities for academic operations

July 2022 - March 2024

Counsellor (Wellness Teacher and Special Educator) Podar International School, Nadurbar | Nadurbar

Key Responsibilities:

- Designed and delivered Life Skills Education and Social-Emotional Learning (SEL) programs to foster emotional regulation, resilience, and interpersonal competence among students.
- Conducted psychometric assessments to evaluate learning profiles, aptitude, personality traits, and socio-emotional functioning.

📍 Nashik, India 422009

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PERSONAL SUMMARY

Accomplished Academic Coordinator with extensive experience in educational and psychological settings, currently serving at the School of Humanities and Social Sciences, Yashwantrao Chavan Maharashtra Open University. Demonstrates expertise in curriculum development, psychometric testing, and counselling, with a proven track record in training coordination and workshop facilitation. Previous roles include Counsellor at Podar International School and Psychologist at Kavyanjali Psychological Counselling and Hypnosis Institute. Adept at maintaining interpersonal relations, decision making, and leadership within academic environments.

Career goal: to further enhance educational frameworks through innovative teaching methodologies and comprehensive student support systems.

SKILLS

- Interpersonal relation maintaining
- Decision making
- Communication skill
- Psychological testing
- Counselling
- Hypnosis
- Leadership

- Development of SLM
- Psychometric testing
- Academic counselling
- Training coordination
- Life skills teaching
- Curriculum development
- Team collaboration
- Adaptive teaching
- Time management
- Student assessments
- Classroom instruction
- Schedule management

PERSONAL INFORMATION

Date of birth: 30/10/1986

Nationality: Indian **Marital**

status: Married **Gender:** Male

CERTIFICATIONS

- Certificate Program in
- Certificate Program of Integral Education Conducted by Aurobindo Society, Puducherry
- COVID-19 and Mental Health: Caring for the Public and We (Educational Activity) Conducted by American Psychiatric Association, USA.
- Strategic Life Coaching Practitioner Course
- Hypnosis Practitioner Training
- Rational Emotive Behavior Therapy Practitioner
- Managing Mental Health and Stress
- Work- Life Balance and the Impact of Remote Working.

Areas of Interests and Practical Training

- Psychological Assessment and Advanced Psychometric Testing
- Clinical and Academic Counselling
- Forensic Psychological Assessment and Criminal Profiling
- Career Guidance and Developmental Counselling
- Design and Delivery of Training Programs
- Hypnotherapy and Forensic Hypnosis
- Polygraph Examination (Lie Detection Techniques)

Brain Electrical Oscillation

Signature Profiling (B.E.O.S.)

Suspect Detection System

(SDS) Techniques

- Memory Enhancement Technique and Cognitive Training

- Provided academic and career counselling to guide students in goal setting, subject selection, and future planning.
- Offered individual clinical counselling interventions addressing behavioral, emotional, and adjustment concerns.
- Implemented remedial teaching strategies for students with learning difficulties, ensuring inclusive and supportive classroom practices.
- Organized and facilitated teacher training programs and professional development workshops on student mental health, inclusive education, and classroom management strategies.

July 2019 - July 2022

Psychologist Kavyanjali Psychological Counselling and Hypnosis Institute, Nashik | Nashik

• Key Responsibilities:

- Administered and interpreted standardized psychometric assessments to evaluate intelligence, aptitude, personality traits, and emotional functioning, with detailed psychological reporting.
- Provided academic and clinical counselling services, addressing educational planning, emotional concerns, behavioral issues, and personal adjustment challenges.
- Conducted hypnotherapy sessions as a structured therapeutic intervention for stress management, habit control, anxiety reduction, and behavioral modification.
- Designed and facilitated professional training programs, mental health workshops, and awareness sessions for students, parents, and educators.

June 2016 - July 2019

Coordinator (Evaluation Division) YCM Open University, Nashik |

Key Responsibilities:

- Coordinated effectively with Academic Schools, paper setters, moderators, and evaluators to ensure uniformity and standardization in examination and evaluation processes.
- Ensured secure and confidential handling of question papers, evaluation records, and examination data in strict adherence to university regulations and protocols.
- Implemented systematic quality assurance mechanisms to enhance transparency, accuracy, and fairness within the Evaluation Division.
- Compiled and analyzed statistical reports on examination performance, pass percentages, and academic outcomes to support academic planning and decision-making.
- Designed and conducted training and orientation programs for evaluators and examination staff to ensure procedural compliance and operational efficiency.
- Maintained comprehensive, audit-ready documentation and facilitated institutional accreditation processes, including NAAC and ISO compliance requirements.

April 2015 - June 2016

Psychologist Sushant Vaidya Research Foundation, Nashik | Nashik

Key Responsibilities:

- Administered and interpreted standardized psychometric assessments to evaluate cognitive abilities, personality traits, emotional functioning, and behavioural patterns.

Narco-Analysis (Theoretical and Procedural Understanding)
Teaching (Offline and Online)

Social Activities

- Voluntarily contributed to social and educational initiatives through reputed NGOs, including **Vivekananda Kendra, Kanyakumari**.
- Actively participated in organizing and conducting community development programs, value-based education initiatives, training sessions, and workshops aimed at youth empowerment and social awareness.
- Leadership and Personality Development
- HIV Awareness (Yash Foundation)

Computer Proficiency

MS: CIT

Key Performance Area

Individual assessment and psychometric Innovation
Performance Appraisal / Management
Personal Recruitment and Selection
Training and Training Evaluation

Accomplishment and Award

Best Research paper Award in National Level Competition (VIVIBHA) From Bhartiya Shikshan Mandal.

Keynote speaker at National Conference Organized by Gov. Home Science College, Narmada Puram MP. And Government of MP.

Chair of Technical session at National Level Seminar Organized By RTMU, Nagpur

Publications

Effect of Hypnotherapy on the Occupational Stress among Teacher (Scopus)

Effect of Progressive Muscle Relaxation on employee productivity and Stress in Corporate Workplace.

Comprehending Specific Learning Disabilities (SLDs) : Challenges, Cognitive Factors, Psychological Aspects and Intervention Approaches for Adolescents,

Social Networking Addiction and its effects on frustration among Adolescents

Critical Review: Social Networking Addiction

- Provided individual clinical counselling using evidence-based therapeutic approaches for adolescents and adults experiencing psychological and behavioural concerns.
- Prepared detailed psychological assessment reports and treatment plans to support intervention strategies.
- Conducted mental health awareness programs, training sessions, and skill-development workshops for students, parents, and professionals.
- Collaborated with multidisciplinary teams to ensure holistic psychological support and intervention.

Mental Ability Test Teacher & Counsellor Vishwashanti jnanpeeth secondary & Higher secondary School, Parbhani | Parbhani

Key Responsibilities:

- Delivered structured instruction in Mental Ability and aptitude development to secondary and higher secondary students, enhancing analytical and problem-solving skills.
- Conducted individual and group counselling sessions to support students' academic, emotional, and career-related concerns.
- Administered and interpreted aptitude and mental ability assessments to guide subject selection and career planning.
- Organized and facilitated staff training programs focused on student psychology, classroom management, and assessment strategies.
- Coordinated examination processes related to aptitude testing, including test administration, evaluation, and reporting.

EDUCATION

2025

Ph.D | Psychology

Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon

Impact of Hypnotherapy on Social Networking Addiction in adolescence

2024

SET | Sociology

UGC-MH- SET (Sociology), Pune, Qualified (Sociology)

2022

SET | Psychology

UGC-MH-SET (Psychology), Pune Qualified (Psychology)

2019

Master of Arts in Sociology

Indira Gandhi National Open University, Delhi, DL

2010

Master of Arts In Psychology,

Bhonsala Military College, Nashik
Savitribai Phule Pune University, Pune

06/2011

Post-graduate diploma | forensic psychology

Gujarat Forensic Sciences University, Gandhi Nagar, Gujarat

Frustration Among Arts, Science and
Commerce College Students in Dhule city.

Social Networking Addiction among
Students.

Books:

1. Psychological Experiments,
Yashwantrao Chavan Maharashtra
Open University
2. Understanding of Cognitive
Psychology
Yashwantrao Chavan Maharashtra
Open University

Hobbies and Interest

Reading
Writing
Singing
Traveling
Playing Kabaddi

Personal Information

Gender: Male
Resident: Nashik

2022

Advance Diploma | Mental Health and Counselling
Yashvantrao Chavan Maharashtra Open University, Nashik,
Nashik

2012

Certificate of Career Master
IVGS. Government of Maharashtra

Training and Workshop:

Conducted training programs on Integral Education based on the
educational philosophy of *Sri Aurobindo and The Mother*,
emphasizing holistic development of body, mind, emotions, and
spirit.

Delivered sessions across various schools, focusing on value-based
education, character building, consciousness development, and
learner-cantered teaching practices.

I hereby declare that the above information is true to best of my
knowledge.
