

School of Health Sciences

Activities: Academic Year 2017-18

1. **30 May 2017 :- Guest lecture on Genetic diseases and Down Syndrome by Dr. Dnyandeo K. Chopade (M.B.B.S. M.S.)**

2. **3rd International Yoga Day Celebration on 21st June 2017, at Yashwantrao Chavan Maharashtra Open University, Nashik, Maharashtra**

The third International Yoga Day was celebrated at YCMOU on 21st June 2017 in the presence of honorable Vice Chancellor Prof. E. Vayunandan, Registrar Dr. Dinesh Bhonde, Dr. Jaydeep Nikam, Director, School of Health sciences and the entire staff of YCMOU that included all the Directors of various Schools, assistant professors, associate professors and other administrative staff members. The on-campus Research Fellows, students of BBA and ITI also participated in the celebration.

An eminent Yoga teacher Dr Minakshi Gawali and her team from KSKW College, Cidco, Nashik, supervised as well as demonstrated various yoga practices as per the government protocol. The expert also discussed the importance and need of yoga in the modern age of stress and competition. The entire staff and students of YCMOU enthusiastically performed all the asanas of Yoga and pranayam. Yoga session was started with chanting of 'Pranay Mantra OM' followed by Sookshma Vyayam, Vajrasana, Tadasana, Vrikshashana, Surya Namaskar, Nadi Shodhan Pranayama and Bhramaree Pranayama.

There are over 40 study centers affiliated to YCMOU for the YOGA shikshak programme. The **3rd International Yoga Day** was also celebrated with great enthusiasm at these centers and over 1200 students participated in this celebration. The reports of the celebration were sent to the University.

The main highlight of the program was the rhythmic yoga performed by the team from KSKW College, Cidco, Nashik.

Following are the glimpses of the 3rd International Yoga Day Celebration at Yashwantrao Chavan Maharashtra Open University:





Rhythmic yoga performed by Students of Yogateacher program from KSKW Study centre, Nashik



KSKW College Students along with Hon VC Prof. E. Vayunandan, Hon. Registrar dr. Dinesh Bhonde, Dr. Jydeep Nikam, Director, School of Health Sciences along with the entire staff of School of Health Sciences.

4. July 2017 :- Medical Checkup Camp for ladies



3. 28, 29 October 2017 :- Two days workshop on Value in Health Care: A Spiritual Approach by Janaki Foundation for Healthcare Medical wing Bramhakumaris, Mumbai.

A two day workshop on “Values in Healthcare: A Spiritual Approach [VIHASA]” was jointly organized by Yashwantrao Chavan Maharashtra Open University, Nashik & The Janki Foundation for global healthcare Bramhakumari’s , Mount Abu [RJ] ON 28th Oct-29th Oct 2017. The workshop was inaugurated by Honourable Vice-Chancellor Prof.E. Vayunandan [YCMOU], Dr. Jaydeep Nikam, Director, School of Health Sciences, YCMOU, Chief Trainers and Facilitators of the workshop- Dr. Sachin Parab, Dr. Manoj Matnani, Dr. Jayshri Patil, Mr. Datta Rokde in the presence of Rajyogini Bk. Vasanti didiji. The participants included practicing professionals from all levels, including doctors, nurses, professions allied to medicine, social workers, managers, support and administrative staff, research scholars etc. from different parts of Maharashtra. The various activities conducted during the workshop included lecture, discussions, meditation and hands-on practice on eight different modules. The modules included concepts of values, peace, positivity, compassion, co-operation, valuing yourself and spirituality in healthcare. The entire planning and execution of the workshop was carried out by School of Health Sciences, YCMOU supported by Team of Bramhakumari’s Nasik center that included Vikasbhai Salunkhe, Laxmanbhai Salunkhe, Vedant and Punam didiji.



Activity for Participant



4. Guest Lecture : Dr. Hanumantrao Gaikwad, Chairman and Managing Director of BVG India Limited, India's largest integrated services company.

The Guest lecture of Dr. Hanumantrao Gaikwad, the Chairman and Managing Director of BVG groups of companies organized at YCMOU on 12 January 2018.

Honorable Vice Chancellor Prof. E. Vayunandan , Registrar Dr. Dinesh Bhonde, Dr. Jaydeep Nikam, Director, School of Health sciences and the entire staff of YCMOU that included all the Directors of various Schools, assistant professors, associate professors and other administrative staff members were present for this lecture . The on-campus Research Fellows, students of BBA and ITI also took advantage of interacting with such outstanding personality.



Felicitation and Welcome of Guest Mr. Hanumantrao Gaikwad by Hon. VC Prof. E. Vayunandan, Hon. Registrar Dr. Dinesh Bhonde and Dr. Jaydeep Nikam, Director, School of Health Sciences.



5. Guest lecture : Swami Nirmalanand (M.B.B.S., A.D., M.D.)

Swami Nirmalanandji deliver lecture on “Implementation of Yoga in our daily life” on 16 January 2018. Staff of YCMOU took great advantage to interact with such ascetic personality.



Welcome and Felicitation of Guests by Hon. VC Prof. E. Vayunandan and Dr. Jaydeep Nikam, Director, School of Health Sciences.

